# OPEN

# **Rocuronium-induced neuromuscular block and sugammadex in pediatric patient with duchenne muscular dystrophy**

# A case Report

Ji Eun Kim, MD, Hea Rim Chun, MD<sup>\*</sup>

### Abstract

**Introduction:** Anesthetic management of patients with Duchenne muscular dystrophy (DMD) is complicated because these patients are more sensitive to nondepolarizing neuromuscular blocking agents (NMBAs) and are vulnerable to postoperative complications, such as postoperative residual curarization and respiratory failure. Sugammadex is a new reversal agent for aminosteroidal NMBAs, but its safety in children is controversial.

**Clinical features:** An 11-year-old boy with DMD underwent general anesthesia for a percutaneous nephrolithotomy. We used rocuronium bromide and sugammadex to reverse the deep neuromuscular block. Reversal of neuromuscular block was done 15 minutes after administration of 2 mg/kg of sugammadex. The patient's recovery from anesthesia was uneventful, and he was discharged to the postoperative recovery ward.

**Conclusion:** A delayed recovery was achieved, but no adverse events were observed, such as recurarization or hypersensitivity to sugammadex. We report safe use of 2 mg/kg of sugammadex to reverse a deep neuromuscular block in a child with DMD.

**Abbreviations:** CK = creatine kinase, DMD = duchenne muscular dystrophy, ECG = electrocardiogram, IV = intravenous, NMB = neuromuscular block, NMBA = nondepolarizing neuromuscular blocking agent, TIVA = total intravenous anesthesia, TOF = train-of-four.

Keywords: duchenne muscular dystrophy, neuromuscular blocking agents, pediatrics, sugammadex

## 1. Introduction

Duchenne muscular dystrophy (DMD), an X-linked recessive disease and the most common and severe type of muscular dystrophy, has an incidence of 1 per 3500 to 5000 male births.<sup>[1,2]</sup> The defect is located on the short arm of the X chromosome at the Xp21 region; this region contains the dystrophin gene,<sup>[2,3]</sup> which is expressed in skeletal, smooth, and cardiac muscle, as well as in the brain.<sup>[4]</sup> Dystrophin plays an

This work was supported by the Soonchunhyang University Research Fund.

The authors report no conflicts of interest.

Medicine (2017) 96:13(e6456)

Received: 16 February 2017 / Received in final form: 23 February 2017 / Accepted: 24 February 2017

http://dx.doi.org/10.1097/MD.00000000006456

important role in stabilizing the sarcolemma and maintaining muscle membrane integrity. Lack or dysfunction of dystrophin leads to fragility of the sarcolemma and increased membrane permeability.<sup>[5]</sup> The common signs and symptoms at presentation include a waddling gait, calf hypertrophy, and the classic Gowers sign because of proximal muscle weakness. Serum creatine kinase (CK) and hepatic transaminase levels are elevated.<sup>[1]</sup>

Cardiomyopathy and arrhythmias occur in patients with DMD because of degeneration of cardiomyocytes.<sup>[1]</sup> Because pulmonary insufficiency is a common cause of morbidity and mortality in patients with DMD,<sup>[6]</sup> preoperative pulmonary assessment is required. Progressive decline in pulmonary function is a hallmark of the disease; thus, the majority of deaths in patients with DMD are because of pulmonary causes.

Succinylcholine, which is a depolarizing neuromuscular blocking agent (NMBA), is contraindicated in patients with DMD because of the potential for rhabdomyolysis, hyper-kalemia, and hyperkalemic cardiac arrest as a result of unstable sarcolemmal membranes.<sup>[3]</sup> The use of volatile anesthetics should be avoided in these patients,<sup>[3,7]</sup> and most experts advise using total intravenous anesthesia.<sup>[8]</sup> Patients with DMD tend to have increased sensitivity to the effects of a nondepolarizing NMBA at a given dose, so that an increase in both the maximal effect and duration of action usually accompanies administration of a nondepolarizing NMBA.<sup>[9,10]</sup>

Sugammadex reverses rocuronium- and vecuronium-induced neuromuscular block (NMB). Case reports of patients with myasthenia gravis have documented 117 cases of successful use of sugammadex,<sup>[11]</sup> but reports on rare muscular diseases, such as DMD, have documented only 2 cases of successful reversal of

Editor: Kazuo Hanaoka.

Written informed consent was obtained from the parents of child for publication of this report.

This case is not a clinical trial, so ethical approval was not necessary.

Department of Anesthesiology and Pain Medicine, Soonchunhyang University Hospital Cheonan, Dongnam-gu, Cheonan, Chungcheongnam-do, Korea.

<sup>&</sup>lt;sup>\*</sup> Correspondence: Hea Rim Chun, Department of anesthesiology and pain medicine, Soonchunhyang University Hospital Cheonan, 31 Soonchunhyang 6gil, Dongnam-gu, Cheonan, Chungcheongnam-do 31151, Korea (e-mail: blau00@schmc.ac.kr).

Copyright © 2017 the Author(s). Published by Wolters Kluwer Health, Inc. This is an open access article distributed under the Creative Commons Attribution-ShareAlike License 4.0, which allows others to remix, tweak, and build upon the work, even for commercial purposes, as long as the author is credited and the new creations are licensed under the identical terms.

rocuronium, with 4 mg/kg sugammadex in a child <sup>[12]</sup> and 2 mg/kg sugammadex in an adult.<sup>[13]</sup>

In this case, we report the use of 2 mg/kg of sugammadex to reverse a deep NMB in a child with DMD.

#### 2. Case report

An 11-year-old boy, weight 53 kg, with a ureter stone was scheduled for percutaneous nephrolithotomy under general anesthesia. He was diagnosed with DMD at the age of 1 year and was in a bed-ridden state recently. Preoperative evaluation revealed an abnormal electrocardiogram (ECG) finding (Right ventricular hypertrophy and rSR on V1) and elevated CK, aspartate aminotransferase, and alanine aminotransferase (ALT) levels.

Glycopyrrolate 0.2 mg was injected intramuscularly as premedication. On arrival at the operating room, standard intraoperative monitoring, including ECG, pulse oximetry, and noninvasive arterial blood pressure, was performed.

Train-of-four (TOF) stimuli were applied to the ulnar nerve by monitoring recovery of NMB using an electromyographic neuromuscular transmission module (M-NMT Module; Datex-Ohmeda Inc, Helsinki, Finland). Recovery of the TOF ratio (%) to 90% was considered as reversal of the NMB.

After preoxygenation, anesthesia was induced with 5 mg/kg of pentothal sodium and 5 mg of midazolam, and maintained with continuous intravenous (IV) infusion of 250 µg/kg/min of propofol and 0.3 µg/kg/min of remifentanil. The initial TOF ratio (%) was 86% and the TOF count was 4 before the patient received an IV bolus injection of 0.6 mg/kg rocuronium bromide. After endotracheal intubation, the lungs were ventilated with a 1:2 mixture of oxygen and air, and the left radial artery was cannulated after the modified Allen's test was done to monitor invasive blood pressure. One hour after induction, the operation was started; 10 mg rocuronium bromide was injected IV 110 minutes after induction because the TOF count and ratio were 4 and 15%, respectively. The durations of the operation and anesthesia were 90 minutes and 3 hours, respectively. At the end of the procedure, neuromuscular monitoring showed a TOF ratio of 0% and a TOF count of 0, indicating deep NMB. Reversal of the rocuronium-induced NMB was performed by administering 2.0 mg/kg sugammadex (106 mg). We obtained a TOF ratio of 71% within 260 seconds, which increased to 90% after 10 minutes. No clinically relevant changes from baseline were observed in arterial blood pressure or heart rate after administration of sugammadex. Tracheal extubation was done 15 minutes after administration of sugammadex. No signs of adverse effects, such as parosmia or hypersensitivity, were observed after sugammadex was administered. The patient's recovery from anesthesia was uneventful, and he was discharged to the postoperative recovery ward. No signs of residual NMB or recurarization were observed, and the patient was discharged to the ward 1 hour later.

#### 3. Discussion

Several studies have documented a markedly prolonged NMB following administration of different nondepolarizing NMBAs in patients with DMD.<sup>[9,10]</sup> Administration of cholinesterase, the usual method to reverse rocuronium, has limitations because of the wide variability in recovery times among patients with DMD.<sup>[14]</sup>

Sugammadex (Bridion; Merck & Co, Whitehouse Station, NJ) is a gamma-cyclodextrin <sup>[15]</sup> used to reverse nondepolarizing NMBAs. It encapsulates and inactivates aminosteroidal NMBAs, such as rocuronium and vecuronium. Although sugammadex is a safe drug,<sup>[16]</sup> it has several side effects, such as coughing, involuntary movements of the limbs or body, parosmia,<sup>[17]</sup> and hypersensitivity, which are rare but important reactions.<sup>[18]</sup> Although sugammadex has not been approved by the US Food and Drug Administration for use in children, many studies have been published about the safe and efficient use of 2 to 4 mg/kg of sugammadex in pediatric patients.<sup>[19,20]</sup> The recommended dose for adults seems to be equally efficient but has a faster onset time, with a very narrow range of individual responses in children.<sup>[19]</sup> Therefore, the recommended dose of sugammadex in pediatric patients is 2 mg/kg for a moderate block. Nevertheless, successful reversal of a rocuronium-induced deep block with 2 mg/kg sugammadex has been reported in a young child.<sup>[21]</sup> In our case, the TOF counts and ratios, at the end of the surgery and 40 minutes after the second administration of 10 mg rocuronium bromide, were both 0, indicating a deep block. Therefore, we initially planned to use 2 mg/kg of sugammadex, and to use an additional 2 mg/kg if signs of postoperative residual curarization appeared. Although we obtained a TOF ratio of 71% 260 seconds after administration of sugammadex, and the TOF ratio reached 90% 10 minutes later, PORC and a reduced TOF ratio did not appear after 15 minutes, and he had no signs of adverse effects after administration of sugammadex.

A few studies are available about the safe use of sugammadex in patients with DMD.<sup>[12,13]</sup> In our case, reversal of deep NMB by sugammadex was delayed but safe, and no PORC occurred. Although more cases should be documented, we recommend 2 mg/kg of sugammadex to reverse deep NMB in children with DMD.

#### References

- Yiu EM, Kornberg AJ. Duchenne muscular dystrophy. J Paediatr Child Health 2015;51:759–64.
- [2] Bushby K, Finkel R, Birnkrant DJ, et al. Diagnosis and management of Duchenne muscular dystrophy, part 1: diagnosis, and pharmacological and psychosocial management. Lancet Neurol 2010;9:77–93.
- [3] Lerman J. Perioperative management of the paediatric patient with coexisting neuromuscular disease. BJA: Br J Anaesth 2011;107(suppl 1): i79–89.
- [4] Muntoni F, Torelli S, Ferlini A. Dystrophin and mutations: one gene, several proteins, multiple phenotypes. Lancet Neurol 2003;2:731–40.
- [5] Hoffman EP, Brown RHJr, Kunkel LM. Dystrophin: The protein product of the duchenne muscular dystrophy locus. Cell 1987;51: 919–28.
- [6] Morris P. Duchenne muscular dystrophy: a challenge for the anaesthetist. Paediatr Anaesth 1997;7:1–4.
- [7] Gurnaney H, Brown A, Litman RS. Malignant hyperthermia and muscular dystrophies. Anesth Analg 2009;109:1043–8.
- [8] Yemen TA, McClain C. Muscular dystrophy anesthesia and the safety of inhalational agents revisited; again. Paediatr Anaesth 2006;16:105–8.
- [9] Ririe DG, Shapiro F, Sethna NF. The response of patients with Duchenne's muscular dystrophy to neuromuscular blockade with vecuronium. Anesthesiology 1998;88:351–4.
- [10] Wick S, Muenster T, Schmidt J, et al. Onset and duration of rocuroniuminduced neuromuscular blockade in patients with Duchenne muscular dystrophy. Anesthesiology 2005;102:915–9.
- [11] Vymazal T, Krecmerova M, Bicek V, et al. Feasibility of full and rapid neuromuscular blockade recovery with sugammadex in myasthenia gravis patients undergoing surgery - a series of 117 cases. Ther Clin Risk Manag 2015;11:1593–6.
- [12] de Boer HD, van Esmond J, Booij LH, et al. Reversal of rocuroniuminduced profound neuromuscular block by sugammadex in Duchenne muscular dystrophy. Paediatr Anaesth 2009;19:1226–8.

- [13] Wefki Abdelgawwad Shousha AA, Sanfilippo M, Sabba A, et al. Sugammadex and reversal of neuromuscular block in adult patient with duchenne muscular dystrophy. Case Rep Anesthesiol 2014;2014: 680568.
- [14] Muenster T, Forst J, Goerlitz P, et al. Reversal of rocuronium-induced neuromuscular blockade by pyridostigmine in patients with Duchenne muscular dystrophy. Paediatr Anaesth 2008;18:251–5.
- [15] Booij LH. Cyclodextrins and the emergence of sugammadex. Anaesthesia 2009;64(suppl 1):31–7.
- [16] de Kam PJ, van Kuijk J, Prohn M, et al. Effects of sugammadex doses up to 32 mg/kg alone or in combination with rocuronium or vecuronium on QTc prolongation: a thorough QTc study. Clin Drug Invest 2010; 30:599–611.
- [17] Craig RG, Hunter JM. Neuromuscular blocking drugs and their antagonists in patients with organ disease. Anaesthesia 2009;64(suppl 1): 55–65.
- [18] Tsur A, Kalansky A. Hypersensitivity associated with sugammadex administration: a systematic review. Anaesthesia 2014;69:1251–7.
- [19] Plaud B, Meretoja O, Hofmockel R, et al. Reversal of rocuroniuminduced neuromuscular blockade with sugammadex in pediatric and adult surgical patients. Anesthesiology 2009;110:284–94.
- [20] Meretoja OA. Neuromuscular block and current treatment strategies for its reversal in children. Paediatr Anaesth 2010;20:591–604.
- [21] Azizoglu M, Birbicer H, Memis S, et al. Reversal of profound neuromuscular blockade with sugammadex in an infant after bronchial foreign body removal. J Clin Anesth 2016;33:315–6.