

Frontal Alpha Asymmetry Moderated by Suicidal Ideation in Patients with Major Depressive Disorder: A Comparison with Healthy Individuals

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Objective: Frontal alpha asymmetry (FAA) of electroencephalography (EEG) has been studied to differentiate patients with major depressive disorder (MDD) from healthy controls (HC). However, inconsistent results have been obtained thus far. Suicidal ideation (SI) has been known to alter frontal lobe activity, and could be an important covariate in FAA studies. This study aimed to explore the influence of FAA on the relationship among MDD patients with SI and without SI, and HC.

Methods: Sixty-seven patients with MDD (44 without and 23 with SI) and 60 HCs were recruited. Resting state EEG was recorded with their eyes open, and FAA as a lateralized index of alpha power was calculated in the frontal brain region. Hamilton Rating Scale for Anxiety and Depression scores were estimated.

Results: FAA was higher (increased alpha power in the left frontal region) in the MDD group than in the HC group. The FAA was lower (reduced alpha power in the left frontal region) in MDD patients with SI than in MDD patients without SI. The severity of depression and anxiety symptoms were significantly correlated with FAA only in MDD patients with SI. SI moderated the effects of depressive symptom on FAA in the MDD group.

Conclusion: Our results suggest that SI is a clinically important moderator of frontal alpha asymmetry in patients with MDD.

KEY WORDS: Alpha asymmetry; Frontal alpha asymmetry; Major depressive disorder; Suicidal ideation; Quantitative electroencephalography.

INTRODUCTION

The prevalence of a lifetime major depressive episode is between 13% (Europe) and 17% (USA) [1-3]. It is also associated with suicide in about 15% of all patients with major depressive disorder (MDD) [4]. Suicidal ideation (SI) is a common and core symptom of MDD [5]. According to the Singapore Mental Health Study [6], the prevalence of SI among those with lifetime MDD was 43.6%, wherein approximately 31.5% and 28.2% of individuals planned and attempted suicide respectively.

MDD has been known as a social and neuronal mental illness representing a complex mechanism of mental activity [7-9].

Enhanced alpha power of electroencephalography (EEG) has been known to reflect inhibition of activity in a region of the brain. The inverse relationship between alpha power and regional brain activity was proved in previous functional magnetic resonance imaging [10], near-infrared spectroscopy [11] and positron emission tomography studies [12]. In addition, several prior studies have reported significant differences in hemispheric asymmetry of frontal lobe alpha power (frontal alpha asymmetry [FAA]) between patients with MDD and healthy participants [13-15]. Henriques and Davidson [16] found that patients with MDD showed relatively less left-sided than right-sided activation in the mid-frontal region (i.e., increased alpha power in the left frontal region),

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whereas this activation was the opposite for healthy participants. Davidson [17] proposed that abnormal FAA is a trait marker of vulnerability for affective disorders or behaviors associated with decreased approach-related positive affect (i.e., reduced alpha in the left frontal region). However, a recent meta-analysis study by van der Vinne *et al.* [18] revealed a non-significant effect size and limited diagnostic value of FAA in MDD, which may lead to new discussions in the field of frontal alpha power.

Sex [18,19], symptom severity [18], and comorbidity [20] were considered as clinical covariates for FAA. Specifically, one meta-analysis study demonstrated that both depressive and anxious symptomatology show moderate relationships with relative right-sided frontal asymmetry, but comorbid studies show smaller average effects [20]. van der Vinne *et al.* [18] observed a three-way interaction of FAA, age, and depression severity in different sexes. A pattern of less relative left frontal activity was observed in women with high depressive severity than in those with low depressive severity, which is in contrast to results obtained in men [19]. Therefore, these previous results suggest that individual differences such as sex, symptom severity, and comorbidity should be considered while evaluating the relationship between MDD and FAA.

In addition, frontal lobe dysfunction in individuals with SI was repeatedly reported in previous studies [21,22]. Sublette *et al.* [23] highlighted that a relative hypometabolism in the right dorsolateral prefrontal cortex (DLPFC) and hypermetabolism in the left ventromedial re-

gion are associated with SI. Graae *et al.* [24] reported that adolescents with a suicidal tendency had left-dominant alpha asymmetry while matched controls had right-dominant alpha asymmetry. Iosifescu *et al.* [5] found that frontal asymmetry of combined theta and alpha power was associated with worsening SI in patients with MDD during 4 weeks of antidepressant treatment. Recently, FAA, especially that of the low alpha band (8–10 Hz), was suggested to reflect suicidal behaviors in MDD patients [25]. However, the relationships among FAA, symptom severity, and SI have not been explored yet in patients with MDD.

Therefore, in this study, we aim to explore the FAA differences between MDD patients and healthy participants and to investigate the relationship between FAA and symptom severity in MDD patients with and without SI. We hypothesized that (1) FAA differs among MDD patients with and without SI and healthy participants, (2) the symptom severity in MDD patients with and without SI is associated with alpha asymmetry, and (3) SI plays a role in the relationship between MDD and FAA.

METHODS

Participants

Sixty-seven patients with MDD (mean age, 38.67 years: 44 without and 23 with SI) were recruited among the outpatients at the Department of Psychiatry in Inje University Ilsan Paik Hospital, Korea (Table 1). Sixty healthy controls

Table 1. ANOVA of the demographics, psychiatry rating scores, and FAA in MDD patients and HCs

Variable	MDD patients without SI (n = 44)	MDD patients with SI (n = 23)	HC (n = 60)	F	p	η^2
Age (yr)	39.30 ± 11.29	37.48 ± 9.33	34.83 ± 9.40	2.538	0.083	0.039
Sex				0.692 ^a	0.708	
Male	5 (11.4)	4 (17.4)	10 (16.7)			
Female	39 (88.6)	19 (82.6)	50 (83.3)			
HAM-A	24.91 ± 5.03	25.48 ± 5.12		0.191	0.664	0.003
HAM-D	29.27 ± 6.54	30.83 ± 6.32		0.871	0.354	0.013
FAA						
FP1-FP2 [†]	4.87 ± 16.05	10.77 ± 16.55	−4.66 ± 29.10	4.398*	0.014	0.066
F3-F4	5.68 ± 23.80	4.83 ± 23.05	3.39 ± 22.04	0.132	0.877	0.002
F7-F8 [‡]	26.17 ± 13.02	16.97 ± 17.18	10.65 ± 21.82	9.059***	< 0.001	0.127

Values are presented as mean ± standard deviation or number (%).

ANOVA, analysis of variance; FAA, frontal alpha asymmetry; MDD, major depressive disorder; HC, healthy control; SI, suicidal ideation; HAM-A, Hamilton Rating Scale for Anxiety; HAM-D, Hamilton Rating Scale for Depression.

^aBy chi-square test; * $p < 0.05$, *** $p < 0.001$.

Following least significant difference *post-hoc* analysis: [†]MDD patients with SI > HC ($p = 0.23$), [‡]MDD patients without SI > HC ($p < 0.001$).

(HC; mean age, 34.83 years) were recruited among social communities around the hospital through posters and local newspapers. The patients were diagnosed with MDD based on the Diagnostic and Statistical Manual of Mental Disorders fourth edition [26] by a psychiatrist. Patients with MDD who had any identifiable psychiatric illness such as psychotic disorder, panic disorder, obsessive-compulsive disorder, generalized anxiety disorder, social anxiety disorder, and post-traumatic stress disorder were excluded from our study. The diagnoses were established by a board-certified psychiatrist (SHL). All patients were drug naïve for at least 2 weeks when entering this study. Symptom severity was assessed by a psychologist using the Hamilton Rating Scale for Anxiety (HAM-A) and the Hamilton Rating Scale for Depression (HAM-D) [27]. The patients with SI were asked to evaluate whether they had concrete suicidal thoughts within the previous two years. The SI experienced during the ongoing depressive episode was considered positive. When individuals experienced SI in any previous depressive episodes, it was considered negative. Upon obtaining the results, the patients were divided into two groups according to the presence or absence of SI. HCs did not have any clinical diagnosis of psychiatric, neurological, and significant medical illness, and they did not have any previous history of psychiatric illness, and family history of psychiatric illness.

All participants were right-handed by the criterion of scoring above 80% on the Edinburgh Inventory Index [28]. All participants provided written informed consent after receiving a comprehensive explanation of the study protocol. This study was approved by the Institutional Review Board of Inje University Ilsan Paik Hospital (No. 2010-05-220).

Measurement

HAM-A: This scale assesses the severity of anxiety symptoms. It takes approximately 10 to 15 minutes to complete the interview and score the results. The scale consists of 14 items, each defined by a series of symptoms, and measures both psychic anxiety (mental agitation and psychological distress) and somatic anxiety (physical complaints related to anxiety). Each item is scored on a scale of 0 (not present) to 4 (severe), with a total score range of 0 to 56, where < 17 indicates mild, 18 to 24 mild to moderate, and 25 to 30 moderate to severe

anxiety.

HAM-D: This scale assesses the severity of and change in depressive symptoms. It takes approximately 15 to 20 minutes to complete the interview and score the results. It consists of 17 items of the Likert scale, where eight items are scored on a 5-point scale, ranging from 0 (not present) to 4 (severe) and nine items are scored from 0 to 2.

EEG Recordings and Quantitative EEG Analyses

The participants were seated in a dimly lit and sound-attenuated room. The resting state EEG was recorded with the participants' eyes open and closed for 3 minutes each. The EEG signals were acquired using a NeuroScan SynAmps 2 amplifier (Compumedics, El Paso, TX, USA) with 62 surface electrodes (FP1, FPZ, FP2, AF3, AF4, F7, F5, F3, F1, FZ, F2, F4, F6, F8, FT7, FC5, FC3, FC1, FCZ, FC2, FC4, FC6, FT8, T7, C5, C3, C1, CZ, C2, C4, C6, T8, TP7, CP5, CP3, CP1, CPZ, CP2, CP4, CP6, TP8, P7, P5, P3, P1, PZ, P2, P4, P6, P8, PO7, PO5, PO3, POZ, PO4, PO6, PO8, CB1, O1, OZ, O2, and CB2) mounted on a Quik-Cap (Compumedics) according to the extended international 10–20 placement scheme. The ground electrode was placed on the forehead and the reference electrode was predefined in the cap between Cz and CPz. The vertical electrooculogram (EOG) was recorded using bipolar electrodes; one was located above the right eye and one below it. The horizontal EOG was recorded at the outer canthus of each eye. The impedance of the electrodes was maintained at less than 5 k Ω .

EEG data were obtained using a 0.1 to 100 Hz band-pass filter at a sampling rate of 1,000 Hz and were initially processed using Scan 4.3 (Compumedics). Eye movements and blink artifacts were visually screened and eliminated by a trained technician with no prior information regarding the origin of the data. In this study, we only analyzed the resting EEG data with eyes open. Previous studies have shown no difference between eyes-open and eyes-closed conditions in EEG FAA [16,19,29,30]. In addition, a neurofeedback study with EEG FAA demonstrated that the change in alpha asymmetric brain activity pattern was only found in the eyes-open condition, suggesting that the training effect for alpha asymmetry should be measured in the eyes-open condition [31]. Although the eyes-closed condition is more widely used, the eyes-open condition is also appropriate for alpha asymmetry.

EEG data were divided into epochs with a length of ~2 seconds (2,048 points) and the epochs with signals exceeding $\pm 80 \mu\text{V}$ on any channel were excluded from further analysis [32]. Thirty epochs (~60 seconds) were prepared for each subject. Fast Fourier transformation was performed on 62 electrode channels divided into five frequency bands: delta (1–4 Hz), theta (4–8 Hz), alpha (8–12 Hz), beta (12–30 Hz), and gamma (30–50 Hz) [33]. The absolute power of each channel was then calculated. Based on previous literature [32–35], we considered three paired sites of interest: pre-frontal (Fp1–Fp2), mid-frontal (F3–F4), and lateral-frontal (F7–F8) area.

To analyze FAA, we used the lateral asymmetry index [36]. This index was determined by comparing the corresponding frequency band percentages for the left and right hemispheres. It was computed by dividing the differences between the two hemispheres by their sum, i.e., $A = (P_{\text{left}} - P_{\text{right}})/(P_{\text{left}} + P_{\text{right}}) \times 100$, where P_{left} and P_{right} are the absolute powers of the corresponding frequency band in the appropriate brain electrodes. Thus, an index of zero indicates equivalent activity in both the hemispheres. A higher FAA indicates dominant brain activity in the right hemisphere, whereas a lower FAA indicates dominant brain activity in the left hemisphere.

Statistical Analysis

Group comparisons of demographic data were performed using one-way analysis of variance (ANOVA). The independent t test was used to assess differences in symptom scales (HAM-A and HAM-D) between MDD patients with and without SI. The chi-square test was used to assess differences in sex distribution among groups. For FAA, one-way ANOVA was performed to assess differences among the three groups. The variables showing sig-

nificant differences were further analyzed with *post-hoc* pairwise comparison using least significant difference (LSD). Spearman's correlation analysis was performed to evaluate the relationship between the FAA and symptom scales in patients with MDD. The bootstrap resampling technique ($n = 5,000$) was used to correct multiple correlations. Using the significance of correlation among the sites of interest, we completed a three-step hierarchical regression to explore the interaction effects of HAM-A and HAM-D by SI on FAA (F3–F4 and F7–F8). In the first stage, we controlled for the effects of demographic variables in the regression model. In the second stage, we input HAM-A and SI to control for the main effects on FAA (F3–F4) and input HAM-D and SI to control for the main effects on FAA (F7–F8). In the third stage, we analyzed the interaction effect of HAM-A by SI on FAA (F3–F4) and HAM-D by SI on FAA (F7–F8). The significance level was set at $p < 0.05$. Statistical analyses were performed using SPSS software (version 18.0; IBM Corp., Armonk, NY, USA). Hayes and Preacher's [37] bootstrapping macro designed for SPSS was also performed to verify the interaction effects.

RESULTS

Symptom Severity and Alpha Asymmetry

Symptom severity ranged from mild to severe in MDD patients with and without SI and no significant group difference in symptom scales was found between the two groups (Table 1). There was a significant difference among the groups in FAA of the pre-frontal area (Fp1–Fp2), $F(2, 124) = 4.398$, $p = 0.014$, $\eta^2 = 0.066$; *post-hoc* analysis revealed that the FAA of MDD patients with SI was significantly higher than that of HCs ($p = 0.23$). However, no

Table 2. Spearman's correlation (rho) between clinical symptoms and FAA in all MDD patients and MDD patients with SI

FAA	All MDD patients (n = 67)				MDD patients with SI (n = 23)			
	HAM-A		HAM-D		HAM-A		HAM-D	
	<i>r</i>	<i>p</i>	<i>r</i>	<i>p</i>	<i>r</i>	<i>p</i>	<i>r</i>	<i>p</i>
FP1-FP2	0.023	0.855	0.008	0.950	0.029	0.895	-0.200	0.360
F3-F4	0.190	0.123	0.015	0.907	0.532**	0.009	-0.147	0.503
F7-F8	-0.101	0.418	-0.322**	0.008	-0.017	0.939	-0.518*	0.011

FAA, frontal alpha asymmetry; MDD, major depressive disorder; SI, suicidal ideation; HAM-A, Hamilton Rating Scale for Anxiety; HAM-D, Hamilton Rating Scale for Depression.

* $p < 0.05$, ** $p < 0.01$.

significant difference was found between MDD without SI and HCs. There was also a significant difference among the groups in FAA of the lateral-frontal area (F7–F8) [$F(2, 124) = 9.059, p < 0.001, \eta^2 = 0.127$]; *post-hoc* analysis revealed that the FAA of MDD without SI was significantly higher than that of HCs ($p < 0.001$), and the FAA of MDD without SI was marginally significantly higher than that of MDD patients with SI ($p = 0.054$). However, no meaningful difference was found between MDD patients with SI and HC. No significant difference was found in FAA (F3–F4) among the groups.

When all MDD patients were compared to HCs, significant differences were found in FAA (FP1–FP2: 6.89 ± 16.34 vs. $-4.66 \pm 29.10, p = 0.008$; F7–F8: 23.01 ± 15.10 vs. $10.65 \pm 21.82, p < 0.001$).

ANOVA of the demographics, psychiatry rating scales, and FAA in MDD patients with and without SI and HCs are presented in Table 1.

FAA and Its Correlation with Symptom Severity Scores

Table 2 shows the correlation between clinical variables (HAM-A and HAM-D) and FAA in all MDD patients ($n = 67$), and MDD patients with SI ($n = 23$). In all MDD patients, there was a significant correlation ($r = -0.322, p = 0.008$) between HAM-D and FAA (F7–F8). Significant correlations were found in FAA of F3–F4 and F7–F8 areas in MDD patients with SI. The FAA (F3–F4) was positively correlated with the HAM-A score ($r = 0.532, p = 0.009$), which indicates that higher alpha power in the left mid-frontal region reflects higher anxiety lev-

els and decreased brain activity levels in that region. The FAA (F7–F8) was negatively correlated with HAM-D ($r = -0.518, p = 0.011$), which indicates that lower alpha power in the left lateral frontal region reflects higher depression levels and increased brain activity levels in that region. The scatterplot of the relationship between the FAA and clinical variables (HAM-A and HAM-D) in the mid-frontal and the lateral frontal areas in MDD patients with SI are presented in Figure 1. However, no significant correlation between FAA and clinical variables in MDD patients without SI was found. When the data were re-analyzed without including male participant data, significant results were still obtained.

Table 3. Hierarchical regression analysis of the interaction effects of HAM-D by SI on FAA (F7-F8) in MDD patients ($n = 67$)

Predictor	Standardized β	Standard error	T	p	ΔR^2
Constant		15.292	1.327	0.189	0.030
Sex	0.007	5.905	0.050	0.961	
Age	0.162	0.212	1.085	0.282	
Alcohol	0.085	5.452	0.529	0.599	
Smoking	0.002	6.207	0.015	0.988	
Marriage	-0.187	3.389	-1.204	0.233	0.150
HAM-D	-0.251	0.284	-2.066*	0.043	
SI	0.319	4.310	2.337*	0.023	
HAM-D \times SI	1.292	0.588	1.912 [†]	0.061	0.049

HAM-D, Hamilton Rating Scale for Depression; SI, suicidal ideation; FAA, frontal alpha asymmetry; MDD, major depressive disorder. * $p < 0.05, ^{\dagger}p < 0.07$.

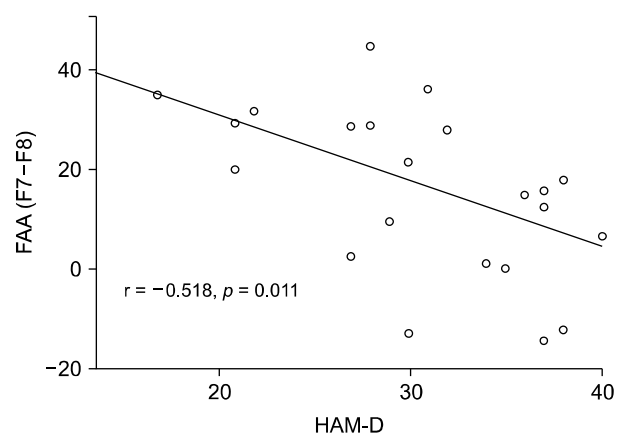
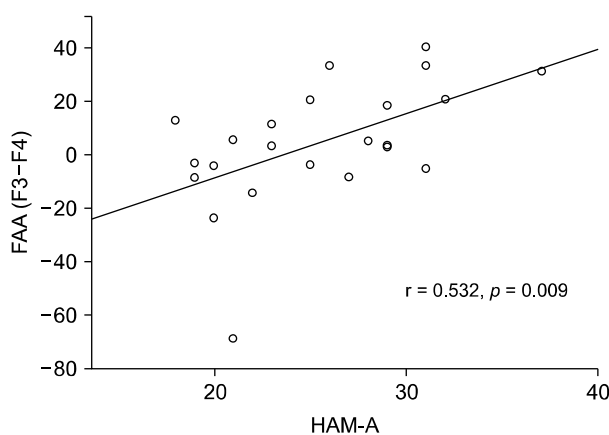


Fig. 1. Spearman's correlations between frontal alpha asymmetry (FAA) and symptom severity score in patients with major depressive disorder with suicidal ideation ($n = 23$).

HAM-A, Hamilton Rating Scale for Anxiety; HAM-D, Hamilton Rating Scale for Depression.

Table 4. Interaction effect of HAM-D on FAA (F7–F8) at values of the moderator(s)

Variable	Effect	Boot SE	t	p	95% CI
MDD with SI	−1.3262	0.4904	−2.7043	0.0090	−2.3085 to −0.3438
MDD without SI	−0.2663	0.3526	−0.7553	0.4532	−0.9728 to 0.4401

Number of bootstrap samples for bias corrected bootstrap confidence intervals = 5,000.

HAM-D, Hamilton Rating Scale for Depression; SE, standard error; CI, confidence interval; SI, suicidal ideation.

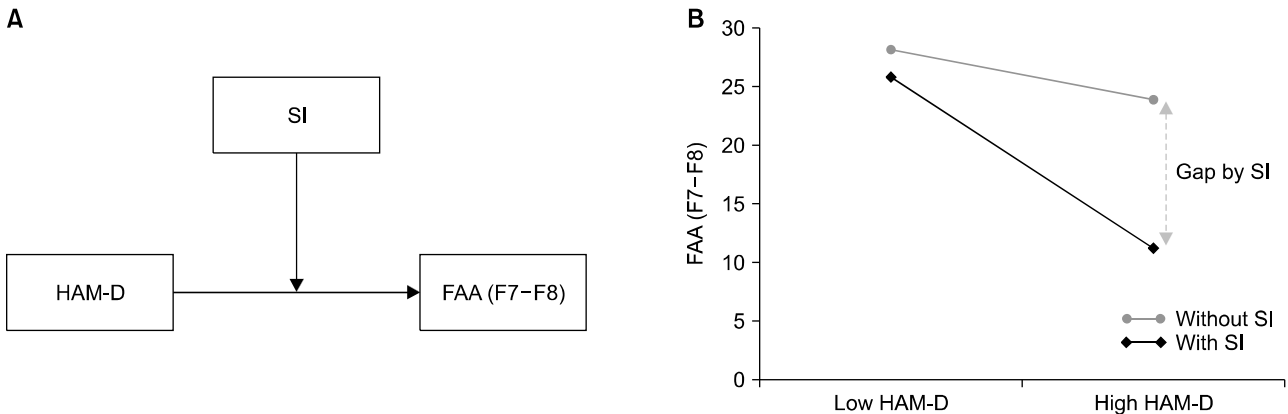


Fig. 2. (A) Moderation effect of suicidal ideation (SI) on the Hamilton Rating Scale for Depression (HAM-D) and the frontal alpha asymmetry (FAA) at F7–F8. (B) Severe depressive symptom causes reduced FAA (F7–F8), which reflects reduced alpha power in the left frontal region. This phenomenon was only significant in patients with major depressive disorder with suicidal ideation ($n = 23$).

Interaction effect of HAM-D by SI

Table 3 illustrates the hierarchical regression analysis for the interaction effect of HAM-D by SI on FAA (F7–F8) in MDD patients. No demographic variable had a significant effect on FAA (F7–F8). With demographic variables controlled for in step 2, the HAM-D showed a significant main effect on FAA (F7–F8) ($\beta = -0.251$, $p = 0.043$) and SI showed a significant main effect on FAA (F7–F8) ($\beta = 0.319$, $p = 0.023$). When main effects of these variables were controlled for in step 3, the interaction effect of HAM-D by SI showed a marginal significance with 4.9% of additional R square ($\beta = 1.292$, $p = 0.061$). Table 4 illustrates the verification of the interaction effect in MDD patients with SI ($\beta = -1.3262$, $p = 0.009$); zero does not appear in the 95% confidence interval that lies between -2.3085 and -0.3438 . In Figure 2, the graphs represent (A) a moderation effect of SI between HAM-D and FAA (F7–F8), and (B) a significant difference between low HAM-D and high HAM-D scores in MDD patients with SI; no significant difference was observed in the group without SI. No interaction effect was found on FAA (F3–F4). When the data were re-analyzed without including male participant data, the results still showed

significance.

DISCUSSION

This study aimed to explore the FAA among MDD patients with SI, those without SI, and HC. The results revealed that significant FAA differences exist between MDD patients with SI and HCs at FP1–FP2 and between MDD patients without SI and HCs at F7–F8. Furthermore, HAM-A and HAM-D scores were positively and negatively significantly correlated, respectively, with FAA (F3–F4 and F7–F8) in the MDD patients with SI, and SI moderates the effects of depressive symptom on the FAA (F7–F8) in MDD patients.

Our findings showed that regardless of the presence of SI, patients with MDD have a higher FAA than that of HCs. This implies that the right frontal activity increased in patients with MDD. Previous studies have repeatedly reported differences in FAA between MDD and HCs [16,18,38,39]. Our results are consistent with those of previous studies, which showed that compared with the right frontal lobe, patients with MDD have relative hypoactivation in the left frontal lobe, while HCs have relative

hyperactivation in the left frontal lobe [16,40].

Furthermore, our study reported a marginally significantly higher FAA in MDD patients without SI than in those with SI in the lateral-frontal area (F7–F8). This indicates that activity is more skewed in the left side of the brain in MDD patients with SI than in MDD patients without SI. Pu *et al.* [11] reported significantly smaller hemodynamic changes in the right DLPFC, orbitofrontal cortex, and right frontopolar cortex in MDD patients with SI. Moreover, Sublette *et al.* [23] observed a significantly reduced glucose metabolism in the right DLPFC in MDD patients who attempted suicide than in those who did not. The results from these previous studies are consistent with ours as they indicate that MDD patients with SI have left skewed frontal activity rather than right frontal activity. Our results suggest that FAA is influenced by SI in patients with MDD, and SI could be a significant covariate of FAA.

HAM-A scores showed a significant positive correlation with the FAA only in MDD patients with SI. Our results suggest that higher HAM-A scores are associated with relatively right skewed frontal activity. This result is in line with those of several previous studies, which showed that increased relative EEG activity in the right frontal brain regions is associated with anxiety symptoms and anxiety disorders [41,42]. Using FAA, Nitschke *et al.* [43] compared brain activity between anxious apprehension (worry) and anxious arousal (somatic anxiety) participants, and reported that the anxious arousal group showed more right than left frontal brain activity. Our results indicated that MDD patients with higher anxiety and arousal levels have right skewed frontal activity. Moreover, because anxiety could be one of the clinical factors associated with the presence of SI [44], the FAA could be closely associated with the presence of anxiety [45,46].

Interestingly, the HAM-D score showed a significant negative correlation with the FAA in MDD patients with SI. Our results suggest that higher HAM-D scores cause relatively left skewed frontal activity. In fact, previous studies did not obtain consistent results on the relationship between FAA and depression severity. Thibodeau *et al.* [20] also examined this in their meta-analysis, but failed to obtain any conclusive findings. Furthermore, Stewart *et al.* [19] showed that a pattern of less relative left frontal activity was observed in women with ongoing high depressive severity than in women with low depressive severity, which in contrast to the results obtained in men.

van der Vinne *et al.* [18] also observed a significant three-way interaction for sex \times age \times depression severity in the patients with depression. They noted that the right-sided FAA (left skewed frontal activity) is higher in severely depressed women aged 53 years and older, in contrast to a relatively more left-sided FAA in severely depressed men of the same age. Thus, further investigation is required on this topic and our results suggest that SI might be an important factor for future research.

Furthermore, in this study, SI was investigated to evaluate its role in the relationship between depressive symptom severity and FAA. Even though clinical variables, including age and sex, were considered as covariates, the interaction effect of HAM-D with SI was found in patients with MDD. This result implies that SI moderates the effects of depressive symptom severity on FAA. A significant FAA difference between low and high HAM-D was found only in MDD patients with SI, whereas no significance was observed in MDD patients without SI. In this study, the *p* value of 0.61 obtained in the hierarchical interaction effect analysis seems marginal. However, as Selvin [47] strongly suggested, an increase in the level of significance is usually required to test the effect of an interaction, otherwise, erroneous elimination of interaction effects could substantially disrupt the validity the conclusions obtained.

It is important to note that this study had several limitations. First, the sample size of MDD patients with SI was relatively smaller than that of other groups. Second, the number of male participants was relatively small to fully explore the effect of sex. Despite the above limitations, the reported results provide a starting point for future FAA studies, indicating the importance of SI as a meaningful covariate.

Our results suggest that a difference in FAA exists between patients with MDD and HCs. The FAA could be associated with depressive symptom severity in MDD patients with SI. In addition, SI moderates the effects of depressive symptom on FAA. Our results suggest that SI should be considered as a moderator in future FAA studies.

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■ Conflicts of Interest

No potential conflict of interest relevant to this article was reported.

■ Author Contributions

Conceptualization: Sang-Choong Roh, Seung-Hwan Lee. Data acquisition: Sang-Choong Roh, Ji Sun Kim. Formal analysis: Sang-Choong Roh, Ji Sun Kim, Sungkean Kim. Funding: Seung-Hwan Lee. Supervision: Seung-Hwan Lee. Writing—original draft: Sang-Choong Roh. Writing—review & editing: Yourim Kim, Seung-Hwan Lee.

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